Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: N1-K3

### **Name of Activity**

Mid-Autumn Festival Celebration: "Autumn Moon Welcomes the Rabbit Lantern Festival"

## Objective(s)

- To help children understand traditional Chinese festivals and foods.
- To let children experience the festive atmosphere of traditional Chinese holidays.

#### **Brief Descriptions**

The Mid-Autumn Festival is one of the traditional Chinese holidays. The school will hold a celebration with the children, organizing activities in a fun park format. Each child will receive a game ticket to participate in various areas, such as a photo zone, riddles, story sharing, and a lantern festival. The lantern festival will include a simulated moon-gazing activity, allowing children to enjoy the fun of moon gazing with their lanterns and learn about the festival's activities. Additionally, the school will arrange a tasting event for children to try various mooncakes and fruits, introducing them to traditional Mid-Autumn Festival foods.









Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: K3

#### Name of Activity

Cultural and Artistic Sharing: Ink Wash Painting

## Objective(s)

- To understand the tools and basic characteristics of ink wash painting.
- To appreciate the unique beauty of Chinese ink wash art.

#### **Brief Descriptions**

Ink wash painting represents Chinese painting. Basic ink wash painting involves just water and ink, in black and white, while advanced ink wash may include colorful detailed flower and bird paintings, sometimes referred to as colored ink paintings. Our ink wash painting course teaches basic techniques such as brush strokes and shading, while introducing various themes to enhance students' observation, imagination, and unique artistic expressions through ink wash techniques. This activity allows children to learn about traditional Chinese culture and develop their artistic sensibilities, enhancing their appreciation for Chinese painting.











Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: K2-K3

#### **Name of Activity**

**Shadow Puppet** 

#### Objective(s)

- To recognize traditional Chinese art and culture—shadow puppetry.
- To cultivate an appreciation for Chinese culture through viewing activities.

#### **Brief Descriptions**

Shadow puppetry, also known as shadow play, is a traditional Chinese theatrical art and a national intangible cultural heritage. It involves using animal skin or cardboard to create figures that are illuminated by light to perform stories. To align with children's themes related to scientific shadows, the school invites Huang Hui Puppet Shadow Company to perform the play "The Turtle and the Crane" along with a marionette show. This allows children to understand the operation of shadow puppetry through real-life experiences and appreciate the stage setup, different shadow puppets, performers' singing, and music.









Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: K3

#### Name of Activity

Theme "Fun with Threads" Extension Activities:

(1) Chinese Textile Workshop (2) Chinese Knot Workshop

#### Objective(s)

- To introduce children to various Chinese textile techniques, patterns, and Chinese knots.
- To allow children to experience and create Chinese textiles and knots, fostering an appreciation for Chinese culture.

#### **Brief Descriptions**

China has a long and rich textile tradition. In line with the K3 theme "Fun with Threads," the school provides a series of engaging Chinese handicraft activities, including creating textiles and Chinese knots, enabling children to participate and experience different textile techniques while exploring the significance and symbolism of various patterns in Chinese culture. The textile workshop even offers a loom for children to closely observe and manipulate. Additionally, children can collaborate with peers to transform old clothes brought to school into new textiles. These activities aim to cultivate children's interest in and understanding of Chinese culture while promoting their artistic perception and hands-on skills.















Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: K1-K3

#### Name of Activity

The Month of Chinese Cultural - Lunar New Year

#### Objective(s)

- To help children understand the origin, activities, and customs of the Lunar New Year through diverse activities.
- To let children experience the festive atmosphere of the New Year and learn communication skills through simulated market stalls.

#### **Brief Descriptions**

The Spring Festival is one of China's traditional holidays. The school will organize a series of activities related to the Lunar New Year, allowing children to learn about the customs and feel the festive spirit, such as making and tasting New Year foods, lion dances, simulating a market, enjoying family reunion dinners, and story sharing. Each child will receive a book about the Lunar New Year to learn about different customs through reading. Children also experience lion dancing and participate in a simulated market, immersing themselves in the lively atmosphere of the New Year. Teachers will prepare an activity booklet for children to strengthen their understanding of Chinese culture through research, photo sharing, and more. Additionally, the school arranges for parents and children to visit the Lunar New Year market at Victoria Park, allowing children to experience selecting New Year goods and learn about different seasonal flowers, thus enhancing parent-child relationships.













Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: N1-K3

#### Name of Activity

The Week of Chinese Cultural - Dragon Boat Festival

## Objective(s)

- To help children understand the origins of the Dragon Boat Festival.
- To introduce children to the traditional culture and celebration activities of the Dragon Boat Festival.
- To let children enjoy making zongzi (sticky rice dumplings) and crafting scented sachets.

# **Brief Descriptions**

The fifth day of the fifth lunar month is the traditional holiday commemorating Qu Yuan, known as the Dragon Boat Festival. The school organizes various experiential activities to help children personally feel the spirit of "May fifth, Dragon Boat Festival; racing dragon boats is lively; eating zongzi and wearing sachets keeps mosquitoes away." The school arranges a zongzi-making activity, where teachers first introduce the necessary materials, then guide children through the steps of making zongzi, allowing them to taste their creations at school. Furthermore, ancient people believed that this time was prone to illness, making it a day for expelling diseases, hence the term "herbal sachet festival." Teachers introduce various natural herbs like mugwort, mint, and lavender and guide children in making sachets, experiencing the tradition of wearing sachets to ward off pests and illness. Older children will assist in distributing sachets to community residents, spreading blessings and warmth, fostering good character and compassion for others.



Name of School: Cheung Ching Lutheran Day Nursery

School Year: 2023-2024 Grade Level: N1-K3

#### Name of Activity

Experience Chinese Culinary Culture Activity Day: Chinese Restaurants

## Objective(s)

- To help children understand Chinese traditional culinary culture through hands-on experience at a Chinese Restaurant.
- To help children experience filial piety and the beauty of Chinese culture.

#### **Brief Descriptions**

Visiting a Chinese Restaurant is an essential part of Chinese culture, embodying many traditional values. Throughout history, Chinese people have emphasized family reunions, and visiting a Chinese Restaurant is a popular choice for family gatherings. It represents a traditional Chinese dining culture. During the activity design, children first read a picture book related to Chinese Restaurants titled "Hamburger and Char Siu Bao," learning about different dim sum names. They also learn dining etiquette at a Chinese Restaurant and appropriate polite communication. Throughout the month, the entire school focuses on the theme of "visiting Chinese Restaurants," and children create pictures related to "dim sum," gradually developing a strong interest in "drinking tea." On the final day of the activity, children invite their families to a nearby Chinese Restaurant for the "Experience Chinese Culinary Culture Parent-Child Activity." This process allows parents and children to summarize their learning from the month, add performances of Chinese Restaurant-related songs, and engage in a tea-pouring ceremony to express gratitude to family members. Finally, they enjoy the unique flavors of dim sum together, experiencing Chinese culinary culture and cultivating good character while learning to respect and love their elders.







